

# **STUDENT'S WORKSHEETS**

**FOUNDATION PROGRAMME FOR LITERACY  
NUMERACY AND SKILLS**

## **VOCAL MUSIC**

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**GRADE 7**

**TITLE OF CARD :  
INTRODUCTION TO RAAG BILAWAL**

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**MOE  
MAHATMA GANDHI INSTITUTE  
2026**

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**INTRODUCTION TO RAAG  
BILAWAL**



## Introduction

### What is a Raag?

A Raag is a special way of arranging musical notes (Swaras) to create a melody. Each Raag has its own mood or feeling, and it gives a song its unique sound. Think of it like a recipe – the same ingredients (notes) can be combined in different ways to make different flavours (melodies).

### What is Raag Bilawal?

Raag Bilawal is one of the main ragas in Hindustani music. It uses the seven natural notes (Sa, Re, Ga, Ma, Pa, Dha, Ni) in a happy and balanced way. Singing Raag Bilawal helps students sing in tune, remember melodies, and listen carefully to music. (Adapt as necessary for Carnatic Music)

**Aroha:** This is the order in which the notes go upwards in the raga.

**Sa Re Ga Ma Pa Dha Ni Sa**

**Avroha:** This is the order in which the notes go downwards in the raga.

**Sa Ni Dha Pa Ma Ga Re Sa**

**Pakad:** This is a short, important phrase of the raga that helps us recognize it. It is like the "catchphrase" of the raga.

**Ga Pa Dha Ni Sa**



### Activity

- Sing the Aroha, Avroha and Pakad of the Raag Bilawal.
- Learn the following exercises in Raag Bilawal:

1. Sa Re Ga Re | Sa Re Ga Ma

2. Re Ga Ma Ga | Re Ga Ma Pa

3. Pa Ma Pa Ma | Ga Ga Re Sa

4. SaRe SaRe Ga- Re- | SaRe Sare Ga- Re- | SaRe GaMa Pa- Pa- | PaMa GaRe GaRe Sa-

5. GaPa DhaNi Sa- Sa- | GaPa DhaNi Sa- Sa- | SaNi DhaPa MaGa ReSa | GaPa DhaNi Sa- Sa-



## Self Assessment

a) What is Raag Bilawal? Write a simple definition in your own words:

.....  
.....  
.....  
.....



b) Write the seven natural notes (Shuddh Swaras) used in Raag Bilawal in the correct order:

.....  
.....  
.....  
.....

2. State whether the following statements are **True** or **False**.

- a) Raag is a way of arranging musical notes to create a melody. -----
- b) Raag Bilawal uses only five notes in its scale. -----
- c) Aroha is the order of notes going upwards in a raga. -----
- d) Pakad is a short phrase that helps us recognize a raga. -----
- e) Singing Raag Bilawal regularly does not help improve listening skills. -----
- f) Avroha is the order of notes going downwards in a raga. -----

Rate yourself by drawing the emoji that suits you better

<b>Yes</b> 	<b>NO</b> 
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Statement	Yes	No
1. I can sing the seven swaras of Raag Bilawal in order.		
2. I can follow the teacher and sing the short melodies correctly		
3. I can listen and sing the melodies by myself		

1. What did you learn about Raag Bilawal in today's lesson?

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2. One thing I want to improve:

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